

“Selah” – A time of <sup>(22)</sup>\_\_\_\_\_ ; a musical “stop” –  
Where the reader would pause to consider, and <sup>(23)</sup>\_\_\_\_\_ with a statement.

#### #4: The Moment of No Forgiveness – v. 6-7

“everyone who is godly shall pray to You” – **NOTICE:** It is not the <sup>(24)</sup>\_\_\_\_\_ that pray, but the “godly”.

“A basic truth of the Bible is that the godly know that they are ungodly.”  
Williams, 243.

“a flood of great waters” – David reflects upon the great flood of Noah in expectation of a future judgment that where forgiveness is no longer <sup>(25)</sup>\_\_\_\_\_.

#### #5: The Time Still Left for Forgiveness – v. 8-10

David pleads for two things while forgiveness is still being offered:

1. <sup>(26)</sup>\_\_\_\_\_ God once he has forgiven you – v. 8
2. Do not be so <sup>(27)</sup>\_\_\_\_\_ as to not draw near to God – v. 9

#### #6: The Actions of those Forgiven – v. 11

The actions of the forgiven are actions of <sup>(28)</sup>\_\_\_\_\_ !

“Happiness is not only a privilege, it is a duty! – Spurgeon,  
Treasury of David: Vol. I, p. 85.

#### UPCOMING JOURNEY MESSAGES:

- **Next Sunday, January 24<sup>th</sup> – Psalm 38** – “How to Ask For God’s Forgiveness When Sin Has Ruined My Life”
- **Sunday Night, January 31<sup>st</sup> – Psalm 51** – “How to ask for God’s Forgiveness For Sin That Has Destroyed the Lives of Others”
- **Sunday Afternoon, February 7<sup>th</sup> @ 3:00 p.m. – Psalm 143** – “How to Ask for God’s Forgiveness When We Know We Don’t Deserve It”



Today’s message will be available online at [www.ffc.org](http://www.ffc.org), both to view as an archived message and to download from a podcast. To purchase today’s message on CD for \$5 or on DVD for \$10, please stop by the First Family Inspiration Book and Gift Store located in the Grand Foyer.

Answers: 1-praises 2-meditation 3-instruction 4-Daniel’s 5-life-changing 6-44 7-45 8-comfort 9-begins 10-Fare Contentment 11-sin 12-rebellion 13-straight 14-covered 15-not counted 16-cleansed 17-Conviction 18-enjoys 19-Chastening 20-confession 21-Selah 22-silence 23-agree 24-ungodly 25-offered 26-Follow 27-stubborn 28-worship

**First Family Church 7700 W. 143rd St, Overland Park, KS 66223 913-681-3341 [www.ffc.org](http://www.ffc.org)**



“Forgiveness: Learning how to Request and Accept God’s Forgiveness!”  
A verse by verse study of David’s “Psalms of Confession”  
Sunday Evening, January 17<sup>th</sup>, 2010  
Message #3: “How Being Forgiven Makes Us Feel”

Psalm 32  
Pastor Christian Newsome

“The book of Psalms has attracted more attention from Christians than any other Old Testament book. Its popularity dates back to the New Testament itself, where one finds frequent quotes and allusions to it. Christians today consider it the heart of the Old Testament. It is intellectually and emotionally stimulating. The piety and devotional mood that permeate the psalms and that find their origin in an intense personal relationship with God strike a responsive chord among modern men and women.”

Tremper Longman III & Raymond B. Dillard, *An Introduction to the Old Testament*, 2<sup>nd</sup> Ed. (Grand Rapids: Zondervan), 237

“The Psalter was both prayerbook and hymnal to the Jewish people. It was also a manual for the nurture of the spiritual life in private as well as public worship.”  
International Standard Bible Encyclopedia: Volume IV, James Orr, Gen. Ed. (Grand Rapids: Eerdmans, 1939), 2487.

The Hebrew title of the book of Psalms is “Tehillim” and means <sup>(1)</sup>\_\_\_\_\_.

#### The Different Types of Psalms:

- **Psalms of Thanksgiving** – Psalms offered to praise God for his goodness.
- **Psalms of Wisdom** – Psalms instructing with the wisdom of God. [\*much like Proverbs]
- **Psalms of History** – Psalms celebrating the history of God’s wonders.
- **Psalms of Lament** – Psalms offered in times of discouragement or depression.
- **Psalms of Ascent** – Psalms offered on the way to meet with God [Ps. 120-134].
- **Imprecatory Psalms** – Psalms that offer prayers for God to act with justice on his enemies.
- **Penitential Psalms** – Psalms that offer prayers for forgiveness.

“Reading through the book of Psalms, one comes away with the impression that joy is the dominant mood.”  
- Longman and Dillard, 255.

“maschil” – A <sup>(1)</sup>\_\_\_\_\_ of David; an <sup>(2)</sup>\_\_\_\_\_ from David.

This word, “*maschil*”, was one of (4) \_\_\_\_\_ favorite terms.

*Daniel 11:33—“And those of the people who understand [maschil] shall instruct many...”*

*Daniel 11:35—“And some of those of understanding [maschil] shall fall, to refine them, purify them, and make them white, until the time of the end; because it is still for the appointed time.”*

*Daniel 12:3—“Those who are wise [maschil] shall shine*

*Like the brightness of the firmament,  
And those who turn many to righteousness  
Like the stars forever and ever.”*

*Daniel 12:10—“Many shall be purified, made white, and refined, but the wicked shall do wickedly; and none of the wicked shall understand, but the wise shall understand [maschil].”*

*Matthew 24:15—“Therefore when you see the ‘abomination of desolation,’ spoken of by Daniel the prophet, standing in the holy place” (whoever reads, let him understand [maschil])...”*

*Revelation 13:18—“Here is wisdom. Let him who has understanding [maschil] calculate the number of the beast, for it is the number of a man: His number is 666.”*

A true “understanding” of this psalm would be (5) \_\_\_\_\_!

### **Why David?**

David is believed to have penned (6) \_\_\_\_\_ or (7) \_\_\_\_\_ of the 150 Psalms, or roughly one out of every three.

1. David was a skillful musician – *I Samuel 16:15-23*
2. David was a skillful writer – *II Samuel 1:19-27*
3. David was an enthusiastic worshipper – *II Samuel 6:16-22*

**MORE THAN ANYTHING:** David found his (8) \_\_\_\_\_ in his meditations on God.

*I Samuel 30:6—“Now David was greatly distressed, for the people spoke of stoning him, because the soul of all the people was grieved, every man for his sons and his daughters. But David strengthened himself in the LORD his God.”*

## ***The Wonderful Comfort of Sin Forgiven!***

### **#1: The Feeling of Forgiveness – v. 1-2**

David (9) \_\_\_\_\_ Psalm 32 declaring how the forgiveness of sin feels!

“**Blessed**” – The closest English word to this Hebrew term is “Happy”, but the closest emotion to this Hebrew term is (10) \_\_\_\_\_.

David introduces three types of (11) \_\_\_\_\_:

1. “Transgression” – Best translated as (12) \_\_\_\_\_.
2. “Sin” – Missing the mark – not being “holy” enough.
3. “Iniquity” – Straying from the (13) \_\_\_\_\_ path.

Look at the synonyms for “forgiveness” that David uses:

- (14) \_\_\_\_\_.
- (15) \_\_\_\_\_.
- (16) \_\_\_\_\_.

### **#2: The Feeling before Forgiveness – v. 3-4**

God’s hand will rest “heavy” on the Christian in two areas until they repent and ask for forgiveness.

1. (17) \_\_\_\_\_.

Conviction is usually so great that a Christian never really

(18) \_\_\_\_\_ their sin.

*Psalm 32:4—“My vitality was turned into the drought of summer.”*

**“God’s finger can crush us—what must his hand be, and that pressing heavily and continuously! Under terrors of conscience, men have little rest by night, for the grim thoughts of the day dog them to their chambers and haunt their dreams, or else they lie awake in a cold sweat of dread. God’s hand is very helpful when it uplifts, but it is awful when it presses down: better a world on the shoulder, like Atlas, than God’s hand on the heart, like David.”**

*Charles Spurgeon, The Treasury of David: Volume I (Peabody, Mass: Hendrickson), 82.*

2. (19) \_\_\_\_\_.

*I Corinthians 11:31-32—“For if we would judge ourselves, we would not be judged. <sup>32</sup> But when we are judged, we are chastened by the Lord, that we may not be condemned with the world.”*

**“If we do not judge ourselves, then God is going to judge us. God takes his own child to the woodshed for punishment.”**

*J. Vernon McGee, Thru the Bible with J. Vernon McGee: Volume II, (Nashville: Nelson, 1982), 730.*

### **#3: The Moment of Forgiveness – v. 5**

The moment of forgiveness begins with (20) \_\_\_\_\_.

*I John 1:9—“If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”*

*James 5:16—“Confess your trespasses to one another, and pray for one another, that you may be healed.”*

Possibly the most important aspect of this verse is the word

(21) \_\_\_\_\_.