

Step #7: Mourn the destruction sin has caused – BUT –

(28)_____.

The saddest reality of the consequences of sin is realizing that things may (29)_____ be as they (30)_____ to be – *Ezra 3:10-13*

Ezra 3:10-13—“When the builders laid the foundation of the temple of the LORD, the priests stood in their apparel with trumpets, and the Levites, the sons of Asaph, with cymbals, to praise the LORD, according to the ordinance of David king of Israel. 11 And they sang responsively, praising and giving thanks to the LORD:

“For He is good,

For His mercy endures forever toward Israel.”

Then all the people shouted with a great shout, when they praised the LORD, because the foundation of the house of the LORD was laid.

12 But many of the priests and Levites and heads of the fathers’ houses, old men who had seen the first temple, wept with a loud voice when the foundation of this temple was laid before their eyes. Yet many shouted aloud for joy, 13 so that the people could not discern the noise of the shout of joy from the noise of the weeping of the people, for the people shouted with a loud shout, and the sound was heard afar off.”

It is okay to mourn the consequences of sin – but is also okay to start life

(31)_____ with a life filled with blessing.

John 16:33—“These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.”

UPCOMING JOURNEY MESSAGES:

- **Next Sunday Night, January 31st – Psalm 51** – “How to ask for God’s Forgiveness For Sin That Has Destroyed the Lives of Others”
- **Sunday Afternoon, February 7th @ 3:00 p.m.– Psalm 143** – “How to Ask for God’s Forgiveness When We Know We Don’t Deserve It”



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Answers: 1-ruined 2-outcast 3-remember 4-Solomon 5-consequences 6-“givers” 7-senses 8-needed 9-repent 10-change 11-Pray 12-revivalists 13-Daniel 14-Ezekiel 15-Ezra 16-Nehemiah 17-Wholeheartedly 18-began 19-Commandment 20-Moses 21-Name 22-renewed 23-men 24-Abraham 25-Moses 26-David 27-re-enter 28-Start over again 29-never 30-used 31-over

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“Forgiveness: Learning how to Request and Accept God’s Forgiveness!”

A verse by verse study of David’s “Psalms of Confession”

Sunday Evening, January 17th, 2010

Message #3: “How to Ask for God’s Forgiveness When Sin Has Ruined My Life”

Psalm 38

Pastor Christian Newsome

A Glimpse Inside Psalm 38:

A look into the condition of David in Psalm 38 shows us that sin had utterly (1)_____ his life at the time of the psalm’s writing.

The Ruin of David’s Life:

- Physical Ruin – v. 1-8
- Emotional Ruin – v. 9-10
- Spiritual Ruin – v. 15-18, 21-22
- Family Ruin – v. 11
- Social Ruin – v. 11-14
- Enemies Strengthened – v. 19-20

David has become an (2)_____ to his own family and friends – his is totally alone – v. 11-12

This is one of the low points of David’s life, yet it is a time he chooses to

(3)_____.

**“How to Ask for God’s Forgiveness When Sin Has Ruined My Life”
—Seven Steps to Freedom and “Renewed” Life—**

The greatest example of this type of prayer [i.e. **PRAYING FOR FORGIVENESS WHEN SIN HAS RUINED YOUR LIFE**] was offered by (4)_____, on the greatest spiritual day in Israel’s history – *1 Kings 8:46-53*

Solomon’s prayer teaches us how to pray when the (5)_____ of our sin have ruined our life – v. 46

Solomon begins with two (6)_____ that every Christian must come to grips with:

- An Acknowledgment of Sin.
- An Understanding of negative consequences.

Rebounding Spiritually from the Consequences of Sin:

Step #1: Come to your spiritual (7) _____ – v. 47

I Kings 8:47—“yet when they come to themselves in the land where they were carried captive...”

Until there is a realization that forgiveness is (8) _____, forgiveness is not coming!

Step #2: (9) _____ – v. 47b

I Kings 8:47b—“... and repent”

Repentance is (10) _____, not just sorrow.

II Corinthians 7:9-11 (NIV)—“ yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. 10 Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. 11 See what this godly sorrow has produced in you: what earnestness, what eagerness to clear yourselves, what indignation, what alarm, what longing, what concern, what readiness to see justice done. At every point you have proved yourselves to be innocent in this matter.”

Step #3: (11) _____ – v. 47c/48b

I Kings 8:47c—“and make supplication to You in the land of those who took them captive, saying, ‘We have sinned and done wrong, we have committed wickedness’... and pray to You toward their land which You gave to their fathers, the city which You have chosen and the temple which I have built for Your name...”

The Old Testament (12) _____ all did this exactly as Solomon prescribed:

- (13) _____
- (14) _____
- (15) _____
- (16) _____

Step #4: Return to God (17) _____ – v. 48

I Kings 8:48a—“and when they return to You with all their heart and with all their soul in the land of their enemies who led them away captive...”

This is the step where David (18) _____ in Psalm 38.

“Interestingly enough, David begins his prayer addressing the real problem, his sense of alienation from God. His sickness, guilt, and hostile human relationships are all secondary to the primary issue. If David’s relationship with the Lord can be healed, all other areas of his life will be open to healing as well. It is clear from verses 1-2 that the foremost need on the road to healing is to deal with our relationship with God.”

- Donald M. Williams, *The Communicator’s Commentary: Volume 13*, Lloyd J. Ogilvie, gen. Ed. (Waco: Word Publishing, 1986), 287

Jesus stated that this level of commitment was needed in the Great

(19) _____.

Matthew 22:36-38—“Teacher, which is the great commandment in the law?”

37 Jesus said to him, “ ‘You shall love the LORD your God with all your heart, with all your soul, and with all your mind.’ 38 This is the first and great commandment.”

(20) _____ was the first to remind Israel of this level of commitment though.

Deuteronomy 6:4-6—“Hear, O Israel: The LORD our God, the LORD is one! [a] 5 You shall love the LORD your God with all your heart, with all your soul, and with all your strength.

6 “And these words which I command you today shall be in your heart.”

Step #5: Remind God that you carry His (21) _____ – v. 50-53

I Kings 8:50-53—“and forgive Your people who have sinned against You, and all their transgressions which they have transgressed against You; and grant them compassion before those who took them captive, that they may have compassion on them 51 (for they are Your people and Your inheritance, whom You brought out of Egypt, out of the iron furnace), 52 that Your eyes may be open to the supplication of Your servant and the supplication of Your people Israel, to listen to them whenever they call to You. 53 For You separated them from among all the peoples of the earth to be Your inheritance, as You spoke by Your servant Moses, when You brought our fathers out of Egypt, O Lord GOD.”

In Psalm 38 David acknowledges that the (22) _____ spiritual reputation of a failing Christian would lead to the renewed reputation of God!

“David has an earnest desire that [his enemies] might not be allowed to rejoice over his fall [for two reasons]; (a) in reference to ourselves personally—that our foes may not triumph over us by the ruin of our character; and (b) in reference to its bearing on the cause of virtue and religion—that the cause may not suffer by our misconduct.”

Barnes, 341.

The three greatest (23) _____ in the Old Testament all prayed this way when sin had ruined a significant part of life.

- (24) _____ – Gn. 18
- (25) _____ – Ex. 33
- (26) _____ – Psalm 38

Step #6: Pray for God’s presence to (27) _____ **in Your Life.**

David prayed this way in Psalm 38.

“He prayed that he might not be permitted to fall away under the influence of his sins and sufferings; that his faith might remain firm. The entire prayer is one that is based on the consciousness of his own weakness, and his liability to sin, if left to himself; on the certainty that if God did not interpose, his sins would get the mastery over him, and he would become in his conduct all that his enemies desired, and be in fact all that they had falsely charged on him.”

Albert Barnes, *Barnes Notes: Psalms* (Grand Rapids: Baker, 2001), 341.